



APRIL 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> **2020**

## HEALTH CERTIFICATE FOR CARDIOVASCULAR INTENSIVE SPORT ACTIVITY (CYCLING RACES/EVENTS)

The Granfondo Colnago requires a doctor's certification for all riders that want to ride the medium or long route. You **MUST** complete this form and **UPLOAD** it on *my.colnagocyclingfestival*.

This medical certificate has to be filled, signed and printed by a licensed doctor after a medical examination.

Bib number for Granfondo Colnago: \_\_\_\_\_

Surname \_\_\_\_\_ Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Sex: M F

Address \_\_\_\_\_ Post Code: \_\_\_\_\_

City \_\_\_\_\_ Country: \_\_\_\_\_

declare that

1. This patient is presently in good physical health and to my knowledge, has no chronic or long-term health problems.
2. This patient demonstrates no physical indisposition that would preclude them from participating in cycling competitions.

Medical Certificate issued in (place) \_\_\_\_\_

Date: \_\_\_\_\_

Doctor: \_\_\_\_\_ (Signature)

Name of Doctor \_\_\_\_\_ (Please Print)